

## Unified Life Sciences

*A Revolutionary Approach to the Healing of Body, Mind & Spirit*

### Revised Research Verifies 5 Types in the Human Design System

By Eleanor Haspel-Portner, PhD.



*Abstract: Type, a key construct in Human Design System theory, was verified in 5 samples of random general population groups with 5000 birth records in each group. The data shows that Type as a construct is both verifiable and reliable. It significantly differentiated 5 independent Types in all groups far beyond the 99% level of confidence.*

#### Introduction

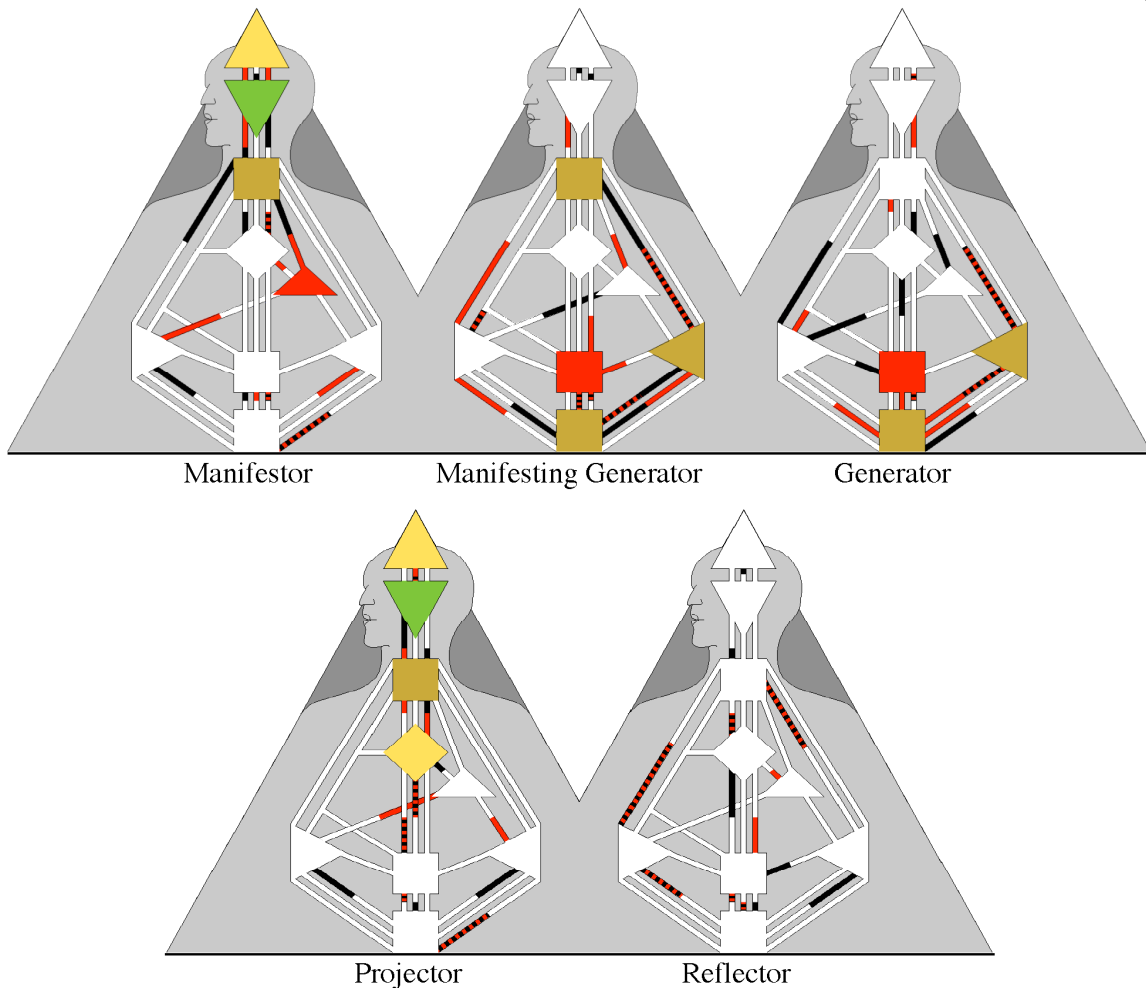
In an earlier paper, “Preliminary Research on the Human Design System and Health” by Eleanor Haspel-Portner, PhD, et al., Unified Life Sciences, 2000, 2003) it was demonstrated that Type is a verifiable construct which can be used reliably. The data showed unequivocally that there are five rather than four Types that are statistically independent of each other beyond the 99% level of statistical confidence used in research.

You can find details about the research design and methodology in that earlier paper. The same data is repeated here with a modified interpretation to correct misleading information from the earlier paper. In any new and emerging science, such as Design and its associated disciplines, it is important to review the research conclusions drawn and to revise them when necessary. It is with this openness of mind that Unified Life Sciences is publishing this paper.

In presenting the earlier data, the statistical information was presented but we continued an old habit of talking about Type as though there are only four delineations. This oversight in changing our theoretical and practical view based on the scientific documentation is a symptom of the difficulty one has in changing one’s perception to fit the facts rather than the other way around. It is thus, with great pleasure and humility that we again present the data and ask you to carefully consider it, and to revise your teaching of this material.

#### Definitions of Type

A Manifestor is an individual who has a Fuel or Motor Center (Root, Heart, Solar Plexus) connected directly or indirectly to the Throat Center and who does not have the Sacral Center defined. A Generator is an individual who has the Sacral Center defined but does not have a Motor or Fuel Center connected to the Throat Center. A Projector is an individual who has at least two centers connected, but who does not have the Sacral Center defined and no Motor or Fuel Center reaches the Throat Center. A Reflector has no design definition. A Manifesting Generator is an individual who has the Sacral Center defined and who also has a Motor or Fuel Center (which may be the Sacral Center) connected directly or indirectly to the Throat Center. Illustration 1 shows Body Graph examples of each Type.



**Illustration 1: Examples of Each Type**

### Research Design

Sampling is of critical importance in any scientific study. Preliminarily, a group of 5000 general population birth dates were randomly generated by *Neutrinos for Unified Life Sciences* for the years of 1917 through 1975 to approximate the clinical subgroup populations with which we were working. Birth chart data was imported into the Statistical Package for the Social Sciences (SPSS) for analysis.

After initial frequency statistics were run, we replicated the results with two other groups of 5000 random birth dates also between 1917 and 1975. To further replicate the results, we ran two additional randomized groups of general population charts generated from Jigsaw, a different astrological program, for the years 1900 through 2000. Thus, we analyzed 5 general population samples of 5000 each and compared them for frequency of

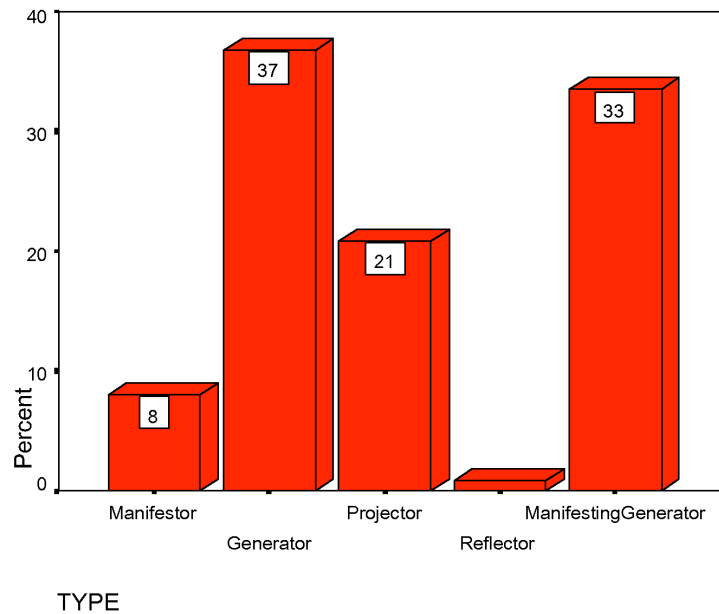
occurrence of Type. In addition, we analyzed specific population groups comprising another 10,000 cases. These groups further support the frequency data.

### Findings

Since all populations yield similar frequency distributions by Type, Table 1 and Graph 1 present the frequency distribution for Type in a representative sample of 5000. Z-Tests were run for differences between groups in occurrence of each of the Types, e.g., the frequency of occurrence of Manifestors in one group was compared to the frequency of occurrence of Manifestors in another group. All groups were compared to each other in this way. No significant differences were found in any of the general population groups, i.e., frequency of distribution of Type is consistent for all general populations tested.

**Table 1**  
**Type: Frequency and Percent Occurrence (N=5000)**

<b>TYPE</b>	<b>Frequency</b>	<b>Percent</b>	<b>Valid Percent</b>	<b>Cumulative Percent</b>
<b>Manifestor</b>	<b>401</b>	<b>8.0</b>	<b>8.0</b>	<b>8.0</b>
<b>Generator</b>	<b>1839</b>	<b>36.8</b>	<b>36.8</b>	<b>44.8</b>
<b>Projector</b>	<b>1043</b>	<b>20.9</b>	<b>20.9</b>	<b>65.7</b>
<b>Reflector</b>	<b>43</b>	<b>0.9</b>	<b>0.9</b>	<b>66.5</b>
<b>Manifesting Generator</b>	<b>1674</b>	<b>33.5</b>	<b>33.5</b>	<b>100.0</b>
<b>Total</b>	<b>5000</b>	<b>100.0</b>	<b>100.0</b>	



**Graph1: Percentage of Type Frequency in General Population (N=5000)**

Table 1 and Graph 1 show that in a general population, 8% of the population are Manifestors, 36.8% of the population are Generators, 20.9% of the population are Projectors, 0.9% of the population are Reflectors and 33.5% of the population are Manifesting Generators.

Frequency percentages were analyzed using a Z-Test to determine that the differences between Type, i.e., the frequency of occurrence of each Type measured something that would not be due to chance alone. The Z-Test is a non-parametric measurement, which tests for significant differences between two groups. Table 2 shows the results of the Z-Tests.

**Table 2**  
**Z-Test Values for General Population of 5000 by Type**

	Generator	Projector	Reflector	Man/Gen
Manifestor	-35.950	-16.050	8.950	-31.825
Generator		19.900	44.900	4.125
Projector			25.000	-15.775
Reflector				-40.775

**C.V. = 3.29 @ 99% DF=9998**

Note that in all cases the differences between each Type and every other Type to which it was compared show statistical significance far beyond the 99% level of confidence. Moreover, the significant values are considerably higher than one would expect at the 99% level of confidence. Table 2 reflects the similarity or differences and their significance in the frequency of occurrence of the Types. From Table 2 no conclusions can be drawn about the qualitative differences in Type only about the similarities and differences in occurrence of Type and whether Type actually differentiates something reliably between the groups.

Note that the significance of difference between the Generator and the Manifesting Generator is 4.125 which is significant beyond the 99% level of confidence. However, it is not as high as the significance between other Types, e.g., between the Generator and Reflector whose Z-test value is 44.9. While we can reflect on what these different Z-test values mean, statistical significance is what is most important in verifying the independence of the different Types. With a Z-test value showing significance beyond the 99% level of confidence in so many independently sampled population groups, *it is with above a 99% level of confidence that we can say that 5 Types indeed do exist.*

### **Discussion**

Type as defined by the HDS differentiates a real component that appears to be stable across many populations. It is based on birth time and place. Manifestors make up 8% of the population and Reflectors make up less than 0.9% of the population, making them a minority in the population. 36.8% of the population are Generators and 33.5% of the population are Manifesting Generators. Projectors represent 20.9% of the population.

Verifying that Type represents a replicable construct in so many populations is extremely important. Type helps people determine the coping strategies built into their Design that can be of use to them in how they live. In Design theory, Manifestors are those in the population who are able to take action because they have a Motor or Fuel Center which reaches the Throat Center, the Center of Manifestation. Since in Western culture, we tend to encourage and expect all individuals to “do” and to take action, recognizing that people who are designed to manifest action easily are, in fact, a minority, can be extremely freeing to others who are not so designed.

Generators comprise 36.8% of the population. Their design tunes them in to their Sacral response, which lets them know what is “correct” for them in terms of action in the world. Since their response is key, in this system we often emphasize that Generators do well when they are asked if something is “correct” for them before they are expected to take action. Such a practice allows them to respond appropriately for themselves in situations.

Manifesting Generators comprise 33.5% of the population. Their design has components that works in them as a combination strategy. Much like the Generator, they need to respond to their situation, often by being asked, but they differ from Generators in that they often do not know if their response is “correct” for them until they visualize and/or begin the action itself. It is only then that they can confirm the “correctness” of the action pattern they have begun.

Projectors (20.9% of the population) have no motors defined to the Throat Center and, thus, have no way to manifest. They also have no way to respond from their Sacral Center (which is undefined). Thus, Projectors can neither manifest nor generate. They are a non-energy Type in HDS theory. Others recognize them. The strategy of the Projector is to wait for the invitation. Once invited, a Projector can gain secure and reliable access to the energy environment.

Reflectors (0.9% of the population) have no definition in their design. Transiting planets, especially the Moon, affect Reflectors by giving them regularly cycling definition throughout their design in accord with their Body Graph configuration. Knowing they have a regular cycle through which they move can be very liberating for them. In addition, Reflectors are influenced by other individuals who enter their aura and/or who are regularly in contact with them since they have few filters through which they regularly channel their own energetic flow. Because of their openness in their Waking Design (WD), it is especially important to assess Type across the Triple Design Matrix (TDM) in Reflectors.

## **Conclusion**

Type as a construct used in the HDS differentiates a significant construct in the general population. Type is a real construct which differentiates people within the population; it provides knowledge for education in growth of self-awareness that is quite groundbreaking and revolutionary because it helps people live according to their energy

configuration. Since Type is determined at birth, it is not subjective or changeable. Unlike other assessments of Type, this differentiation does not depend on self-report or on subjective experience. More research on Type has been done through Unified Life Sciences showing that Type in itself is an incomplete construct which is best used in conjunction with the Solar and Lunar Sleep Designs, the Designs of our Sleeping life that change with out Circadian Consciousness daily. These constructs are presented in another paper posted to the web site: <http://www.unifiedlifesciences.com>

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### **The Author**

Eleanor Haspel-Portner, PhD received her degree from The University of Chicago, Committee on Human Development. She works as a Social Scientist and psychological/spiritual consultant. She currently leads the research team at Unified Life Sciences and has vastly expanded the Human Design System based on her scientific research.